



**15TH INTERNATIONAL  
WOMEN WEIGHTLIFTING  
GRAND PRIX**

10th - 13th May 2018 in Tenerife. Canary Islands

Competition - Trainingscamp & Holiday in Tenerife

Sponsor: **ELEIKO**



MARITIM  
Hotel Tenerife

FCH

CRH

WGP  
TENERIFE  
2018

**Slogan: Competition – Trainingscamp & Holiday**

**Preliminary Entry: 8<sup>th</sup> March 2018**  
**Final Entry: 5<sup>th</sup> April 2018**

**Organizer: Centro Regional de Halterofilia**

Info: Konrad Högg: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)  
Mobil: 0043 – 660 – 36 35 156

# 15<sup>th</sup> International Women's Weightlifting Grand Prix

**Konrad Högg – Head of Organizing Committee,  
Lanserhofstraße 32, Top 4  
A-5020 Salzburg, Phone: 0043-660-3635156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)**

**Invitation to the 15<sup>th</sup> International Women's Grand Prix, 11<sup>th</sup> International Girls' Grand Prix, 9<sup>th</sup> International Kids' Grand Prix, 7<sup>th</sup> International Masters' Grand Prix and 3<sup>rd</sup> International Open Class – unsanctioned – Weightlifting Grand Prix from May 10<sup>th</sup> to 13<sup>th</sup>, 2018 at “Centro Regional”, La Laguna – Tenerife - Spain.**

## **Important information:**

1.) Room reservations for Hotel Maritim Teneriffa can be made not later than March 8<sup>th</sup> 2018. They have to be finalized not later than April 5<sup>th</sup> 2018 using the Final Entry Form. For information on how to pay for accommodation see section “Accommodation” below.

2.) The technical meeting will be held on Thursday, June 10<sup>th</sup> 2018, around 7 pm; the meeting venue will be published in time. – The competition will be held at Sports Hall Centro Regional de Halterofilia in La Laguna on June 11<sup>th</sup> and 12<sup>th</sup> 2018. The Competitionhall is until 30 km from the Competition Hotel Maritim.

3.) Registration is done by the Preliminary Entry Form. It has to be sent by mail or e-mail not later than March 8<sup>th</sup> 2018. Change in Team Line-ups can be made not later than April 5<sup>th</sup> 2018. The Final entry Form has to be sent by mail or E-Mail not later than April 5<sup>th</sup> 2018. Entries made after that will be charged the double fee.

4.) After the competition on Saturday, May 12<sup>th</sup> 2018, the Grand Prix Party will take place around 9.00 pm. The party venue will be published in time. The victory ceremonies for the winning teams, the three best overall Sinclair lifters, the best U-20, U-17, U-15, Masters and Open Class athletes will be held at the party.

5.) Arrangements for weightlifting training camps or holidays in Teneriffa at Hotel Maritim could be made.

Yours sincerely,

Konrad Högg – Head of the Organizing Committee  
Victor Galvan Cabrera – Manager CRH

# 15<sup>th</sup> International Women's Weightlifting Grand Prix

Konrad Högg – Head of the Organizing Committee,  
Lanserhofstrasse 32, Top 4, A-5020 Salzburg  
Phone: 0043-660-36 35 156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Salzburg – Tenerife, August 2017

## Invitation: International Women's - Kids, Girls, Seniors, Masters and Open Class unsanctioned - Weightlifting Grand Prix - 2018

- Organizer: Centro Regional de Halterofilia in La Laguna  
Konrad Högg - Head of the Organizing Committee  
Victor Galvan Cabrera – Manager CRH
- Date: 10<sup>th</sup> to 13<sup>th</sup> May 2018
- Venue: Weightlifting Center, Centro Regional de Halterofilia in La Laguna  
– Tenerife - Spain
- Competitionhotel: Hotel Maritim Tenerife, El Burgado, 38410 Puerto de la Cruz – Los Realejos. There is a Sport's Center at Hotel Maritim offering Olympic Weightlifting platforms and bumpers. **Access to the gym is hotel guests only.**
- Weigh-in and start times: The final schedule will be published when final entry is complete.
- Admission: All athletes with a valid licence entered by clubs/federations using the enclosed form
- Competition specifications: Women's Grand Prix:  
Athletes born 2003 or earlier (15 years and older)!
- Scoring by Olympic total in seven weight categories:  
**48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg, 90 kg & +90 kg**
- Girls' Grand Prix: (13 – 14 years)  
Athletes born 2004 - 2005  
Scoring by Sinclair points
- Kids' Grand Prix: (8 – 12 years)  
Athletes born 2006 – 2010  
Scoring by Sinclair points.
- Masters' Grand Prix:  
35 – 39 years, 40 – 44 years, 45 – 49 years, 50 – 54 years and + 55 years, scoring by Masters points

### Open Class - unsanctioned:

The Open Class is open to athletes who do not hold a membership with their governing national weightlifting body, i.e. USAW, BVDG and the like. Athletes compete in the snatch and the clean and jerk using the International Weightlifting Federation (IWF) Technical and Competition Rules & Regulations (TCRR). Athletes currently suspended for violations of anti-doping regulations in any sport are not eligible to compete at the Women Grand Prix.

Scoring by Olympic total in seven weight categories:

**New : 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg, 90 kg & +90 kg**

If the number of competitors in one weight category is too small one winner for two or more categories will be determined using Sinclair points.

Team scoring:

Four athletes from one club, federal state or country, scoring on Sinclair points.

Premiums/prizes:

#### Women's Grand Prix:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates. The three best participants overall according to Sinclair points will be awarded trophies and prize money. The best overall athletes of the U-20, U-17 and U-15 Masters & Open Class will also receive trophies. The best three teams will receive special gifts.

#### Girls' Grand Prix:

The first three athletes overall according to Sinclair points will be awarded gifts. All participants will receive certificates.

#### Kids' Grand Prix:

The first three athletes overall according to points will be awarded gifts. All participants will receive certificates.

#### Masters' Grand Prix:

The first three athletes overall according to Malone Melzer points will be awarded prizes. All participants will receive certificates.

#### Open Class – unsanctioned:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates.

Accreditation:

Entry fees:

Kids & Girls (born 2004 – 2010): 50 Euro

Seniors – Masters - Open Class – coaches – team leaders: 65 Euro

Accreditation of referees is free of charge.

**The due amount has to be paid to the bank account mentioned below not later than April 5<sup>th</sup>, 2018 which is also the Final Entry date.**

Account holder: Konrad Högg  
Bank adress: Vogelweiderstrasse, A-5020 Salzburg  
Bank: Hypo Bank Salzburg  
IBAN: AT41 5500 0119 0000 8566  
BIC: SLHYAT2S

Entry after 5<sup>th</sup> April 2018: The entry fee for entering an athlete later than May 2<sup>nd</sup>, 2017 is 100 Euros for Kids & Girls and 130 Euro for Seniors/Masters/Open Class/Coaches/Team leaders.

Accommodation: **Hotel fees if a 50 % deposit is paid not later than March 8th 2018 and the remaining 50% are paid not later than April 5<sup>th</sup> 2018:**

**All prices with breakfast and dinner incl. 1/2 l of mineral water**

**Comfort Rooms:**

Single Room: 56 Euro per day  
Double Room: 41 Euro per person per day  
Family Room (2 rooms) for three or four person 39 Euro per person per day

Account Name: Konrad Högg  
Adresse der Bank: Vogelweiderstrasse  
Bank Name: Hypo Bank Salzburg  
BIC: SL HYAT 2S  
IBAN: AT41 5500 0119 0000 8566

Further Information: Transfer between the Airport Tenerife North & South on request.

The “After Competition Party” for athletes, coaches and officials holding an accreditation. Guest welcome.

Preliminary entry date: 8<sup>th</sup> March 2018 (date of postage stamp or e-mail!)

Final entry date: 5<sup>th</sup> April 2018 (date of postage stamp or e-mail!)

Registration: By mail to:  
Konrad Högg,  
E-mail: women.weightlifting.grandprix@gmail.com  
Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for their entries.

Doping test: Doping tests can occur at the competition. The selected athletes will be informed immediately after the end of their group's competition. If an athlete fails to appear at the testing commission in time, this will be regarded as a positive test including the corresponding sanctions.

**In the case of a positive drug test the participant will be personally liable for the incurred costs!!!!**

Other information: Participation in the competition is at each lifter's own risk. The administrative and technical rules of the IWF will be applied.

Visas: All participants must check if a visa is required for their entry to Germany. Should visa be required, participants will have to apply for the visa in the German Embassy/ Consulate in their home country. If assistance is needed, please contact the Organizers.

Accommodation: Please book by contacting Konrad Högg,  
e-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)  
not later than March 8<sup>th</sup>, 2018.  
Changes can only be made before  
April 5<sup>th</sup>, 2018.

Signed: Centro Regional de Halterofilia

Konrad Högg – Head of the Organizing Committee  
Victor Galvan Cabrera – Manager CRH

## Information :

1st place – 3<sup>rd</sup> place based on Sinclair points receive prize money

## Provisionary schedule:

**Thursday, May 10<sup>th</sup>, 2018**

Arrival of Delegations

7pm: Technical meeting

**Friday, May 11<sup>th</sup>, 2018**

Competition for Kids – Girls – Masters – Open Class & Senior

**Saturday, May 12<sup>th</sup>, 2018**

Competition for Senior

Grand Prix Party

**Sunday May 13<sup>th</sup>, 2018**

Departure of Delegations



**Maritim Hotel**

# Sponsors:



Organismo Autónomo de Deportes  
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